

The Mental Game Of Poker

The Mental Game of Poker: Proven Strategies for Improving Tilt Control, Confidence, Motivation, Coping with Variance, and More [Jared Tendler, Barry Carter] on Amazon.com. *FREE* shipping on qualifying offers. The mental game may be more important in poker than in any other form of competition.

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Order The Mental Game of Poker Today. The mental game may be more important in poker than in any other form of competition. It's one of the only games in the world where you can play perfectly and lose—again and again. Hundreds of poker players have turned to mental game coach Jared Tendler's revolutionary approach to help them play their best, no matter how badly they're running.

The Mental Game of Poker - Jared Tendler

Here are some suggestions and notes about the book so you can get the most out of it. 1. This book covers the four central areas of every poker player's mental game: Tilt, Fear, Motivation, and Confidence. There are other areas that are important, such as focus, discipline, decision making, and playing in the zone.

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The Mental Game of Poker: Proven Strategies for Improving Tilt Control, Confidence, Motivation, Coping with Variance and More by Jared Tendler. The mental game may be more important in poker than in any other form of competition. It's one of the only games in the world where you can play perfectly and lose-again and again.

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Since its publication in 2011, Jared Tendler's The Mental Game of Poker has also earned a place among Sklansky, Caro, Brunson, and Harrington in the poker literature canon. It has truly established itself as a new must-read for all

The Mental Game of Poker by Jared Tendler - Goodreads

HAVING MENTAL DISCIPLINE IS THE #1 KEY TO BEING A SUCCESSFUL POKER PLAYER. Reading your opponents correctly, having a large bankroll, and understanding pot odds is useless if you're a mental train wreck. You need to be disciplined. You need to be emotionally stable or your poker game will falter. Poker is a game of ups and downs.

The Mental Game of Poker - worldcasinodirectory.com

The Mental Game of Poker 2 expands on the psychological strategies and theories from Tendler's groundbreaking book, The Mental Game of Poker, which cracked the code on managing tilt and has helped thousands of players eliminate mental leaks from their games.

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